

NEW FOREST OSTEOPATHY

Relieve Prevent Perform

Please find below the Home Visit Step by Step Protocol for you to read and agree before a home visit.

Step 1 - We will arrange a conversation over the phone (called triage) to make sure a home visit is appropriate and safe for everyone. Once this is the case, a home visit appointment will be scheduled.

Step 2 - On the day of the consultation, I will phone you to ensure circumstances have not changed (for example, no coronavirus symptoms) and I can conduct the home visit.

Step 3 - On arrival at your home, I will call you before introducing myself outside your home, without Personal Protective Equipment (PPE) on and will be respecting social distancing.

Step 4 - I will put my PPE on **OUTSIDE** your house as per Public Health England guidelines **BEFORE** entering your house. This will also be the time for you to put your PPE as agreed together.

Step 5 - I will set up the treatment table in the dedicated area

Step 6 - The consultation will start with the **case history taking**, with social distancing in place.

Step 7 - This will be followed by the **examination** part of the consultation, involving your body's movement analysis (social distancing in place) then hands-on assessment (close proximity contact).

Step 8 - At this stage, I will give you the **working diagnosis** based on the history given and the examination findings. I will also give you a **prognosis** and discuss the **treatment plan** with you. This will be done respecting social distancing.

Step 9 - Treatment will take place as discussed (close proximity contact).

Step 10 - End of the consultation.

The use of PPE and social distancing during part of the consultation means the consultation is likely to be a different experience from your previous consultations / treatments you may have had. These changes are likely to become the new norm for some time which means we (both patient and therapist) might need to review our expectations about the whole consultation, including treatment.

I have read, understood and I agree to receive a Home Visit following this protocol.

NAME & SIGNATURE: _____

DATE: _____